



September 2018

St. Charles D303 Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Welcome Back!</p>					<p>Special News... More Info...</p> <p>Visit the Food Service Link at d303.org for nutritional information and to see our daily offering of fresh fruits and vegetables.</p> <p>Lunch Prices</p> <p>Free \$0.00 Reduced \$0.40 Paid \$2.50 Adult \$3.00 <small>(Adult doesn't include milk)</small></p> <p>Questions? Food Service Office at (331)-228-5242</p> <p><small>Menus are subject to change without notice.</small></p>
<p>03 No School Labor Day</p>	<p>04 Chicken & Waffles with Maple Syrup Bean Fajitas with Rice Tomato & Herb Flatbread Buffalo Chicken Salad</p>	<p>05 Orange Chicken with Broccoli & Rice BBQ Cheeseburger Chicken & Spinach Calzone Turkey & Cheese Salad</p>	<p>06 Veggie Chili with Tortilla Chips Sloppy Joe Sandwich Buffalo Chicken Pizza Popcorn Chicken Salad</p>	<p>07 Chicken Bruschetta Melt Beef Quesadilla with Rice Cheeseburger Pizza Baja Chicken Salad</p>	
<p>10 Chicken Drumstick with Roll Triple Cheese Grilled Cheese BBQ Chicken Pizza Ham Chef Salad</p>	<p>11 Chili Mac with Breadstick Chicken Enchiladas with Rice Tomato & Herb Flatbread Egg Chef Salad</p>	<p>12 Country Chicken Bowl with Dinner Roll Beef Quesadillas with Rice Chicken Mac & Cheese Pizza Chicken Caesar Salad</p>	<p>13 Bacon Cheeseburger Bean & Cheese Burrito with Rice Pico de Gallo Pizza Chicken Nacho Salad</p>	<p>14 Chicken & Waffle Sandwich Chicken & Bean Nachos BBQ Chicken Calzone Popcorn Chicken Salad</p>	
<p>17 Chicken Alfredo with Penne Pasta Chicken Soft Tacos Meat Lovers Pizza Beef & Cheese Nacho Salad</p>	<p>18 Mini Corn Dogs Fish Filet Sandwich Cheese Quesadilla Veggie Baja Salad</p>	<p>19 Beef, Bean, & Cheese Burrito Parmesan Ranch Burger BBQ Chicken Pizza Chicken Ranch Salad</p>	<p>20 BBQ Chicken Flatbread Beef Fajitas with Rice Sausage Pizza Egg Chef Salad</p>	<p>21 Pizza Sticks with Marinara Chicken, Bean, & Cheese Burrito Cheeseburger Pizza Popcorn Chicken Salad</p>	
<p>24 Chicken Drumstick with Roll Broccoli Cheddar Flatbread Sausage Pizza Egg Chef Salad</p>	<p>25 Chicken Parmesan with Pasta Turkey & Cheese Melt Pico de Gallo Pizza Popcorn Chicken Salad</p>	<p>26 Chili Cheese Baked Potato with Soft Pretzel Meatball Pizza Sub Cheese Quesadilla with Rice Buffalo Chicken Salad</p>	<p>27 Beef Soft Tacos with Rice Spicy Chicken Sandwich Meat Lovers Calzone Chicken Caesar Salad</p>	<p>28 Chicken, Cheese, & Honey Mustard Melt Chili Cheese Hot Dog Chicken Fajitas with Rice Turkey Chef Salad</p>	

Daily Offerings...
Sandwiches, Popcorn Chicken or Nuggets, Chicken Patty, Cheeseburger, Cheese and Pepperoni Pizza, Salads, Protein Packs

