



February 2018

St. Charles D303 Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Special News...</p> <p>Visit the Food Service Link at d303.org for nutritional information and to see our daily offering of fresh fruits and vegetables.</p> <p>February's Wellness Message: Get enough sleep</p> <p>Lunch Prices</p> <table border="0"> <tr> <td>Free</td> <td>\$0.00</td> </tr> <tr> <td>Reduced</td> <td>\$0.40</td> </tr> <tr> <td>Paid</td> <td>\$2.50</td> </tr> <tr> <td>Adult</td> <td>\$3.00</td> </tr> </table> <p><small>(Adult doesn't include milk)</small></p> <p>Questions? Food Service Office at (331)-228-5242</p> <p><small>Menus are subject to change without notice.</small></p>	Free	\$0.00	Reduced	\$0.40	Paid	\$2.50	Adult	\$3.00
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	<p>Strawberry Milk Served the Week of February 12-16th!</p> 	<p>Special Events in February include:</p> <p>-Super Bowl Nachos</p> <p>-Breakfast for Lunch Days</p>	<p>1 Roasted Turkey w/ Gravy & Stuffing</p> <p>BBQ Chicken & Cheddar Flatbread</p> <p>Vegetable Pizza</p>	<p>2 Super Bowl Special!</p> <p>Chicken Nachos</p> <p>Cajun Chili Fries</p> <p>Beef Taco Pizza</p>									
<p>5 Breakfast for Lunch Pancakes w/ Sausage</p> <p>Grilled Cheese</p> <p><i>Fuel Special:</i> Spicy Thai Chicken Bowl</p>	<p>6 Chicken Quesadilla</p> <p>Meat Lovers Pizza</p> <p><i>Fuel Special:</i> Spicy Thai Chicken Bowl</p>	<p>7 Cheese Pizza Sticks w/ Marinara</p> <p>Turkey & Cheese Melt</p> <p><i>Fuel Special:</i> Spicy Thai Chicken Bowl</p>	<p>8 Bean, Rice & Cheese Bowl</p> <p>BBQ Chicken & Cheddar Flatbread</p> <p><i>Fuel Special:</i> Spicy Thai Chicken</p>	<p>9 Sweet & Sour Chicken w/ Broccoli and Rice</p> <p>Spicy Frito Pie</p> <p><i>Fuel Special:</i> Spicy Thai Chicken Bowl</p>									
<p>12 Mini Corn Dogs</p> <p>Chicken Fajitas</p> <p><i>Fuel Special:</i> Chicken & Hummus Salad</p>	<p>13 BBQ Ribette Sandwich</p> <p>Chicken Parm Pizza</p> <p><i>Fuel Special:</i> Chicken & Hummus Salad</p>	<p>14 Ham & Cheddar Baked Potato w/ Soft Pretzel</p> <p>Buffalo Chicken Pizza</p> <p><i>Fuel Special:</i> Chicken & Hummus Salad</p>	<p>15 Broccoli & Cheese Flatbread</p> <p>Chicken Parm Pizza</p> <p><i>Fuel Special:</i> Chicken & Hummus Salad</p>	<p>16 General Tso Popcorn Chicken w/ Broccoli & Rice</p> <p>Vegetable Pizza</p> <p><i>Fuel Special:</i> Chicken & Hummus Salad</p>									
<p>19 No School Presidents' Day</p> 	<p>20 Breakfast for Lunch Pancakes w/ Sausage</p> <p>Chicken Enchiladas</p> <p>Bacon Cheeseburger</p>	<p>21 Mac n Cheese w/ Ham</p> <p>Bean Burrito</p> <p>Cheese Quesadilla</p> <p>Meat Lovers Pizza</p>	<p>22 Cheese Pizza Sticks w/ Marinara</p> <p>Chili Dog</p> <p>Chipotle Ranch Burger</p>	<p>23 Meatball Sub Sandwich</p> <p>Chicken Quesadilla</p> <p>White Pizza</p>									
<p>26 Salisbury Steak w/ Gravy & Parsley</p> <p>Noodles</p> <p>White Pizza</p> <p>Grilled Cheese w/ Tomato Soup</p>	<p>27 Pasta w/ Marinara</p> <p>BBQ Chicken Pizza</p> <p>Bean Quesadilla</p>	<p>28 BBQ Pork Ribette Sandwich</p> <p>Meat Lovers Pizza</p> <p>Cheese Quesadilla</p>	<p> pudding Parfait Cups , Holiday/Special Cookies, Churros, Fruit and Yogurt Parfait Cups are all available daily!</p>										

Daily Offerings...

Sandwiches, Popcorn Chicken or Nuggets, Chicken Patty, Cheeseburger, Cheese and Pepperoni Pizza, Salads

NEWS: DON'T FORGET TO TRY BREAKFAST! SERVED IN YOUR CAFETERIA. GRAB N GO ITEMS & HOT ENTREES.

