



October 2018

St. Charles D303 Middle School Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | <p>Special News... More Info...</p> <p>Visit the Food Service Link at d303.org for nutritional information and to see our daily offering of fresh fruits and vegetables.</p> <p>Lunch Prices</p> <p>Free \$0.00 Reduced \$0.40 Paid \$2.50 Adult \$3.00 <small>(Adult doesn't include milk)</small></p> <p>Questions? Food Service Office at (331)-228-5242</p> <p><small>Menus are subject to change without notice.</small></p> |
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| <p>01 Broccoli Cheese Baked Potato w/ Dinner Roll Chili Cheese Hot Dog Bean & Cheese Nacho Salad</p> | <p>02 Popcorn Chicken Bowl w/ Gravy General Tso Chicken Buffalo Chicken Calzone Baja Veggie Salad</p> | <p>03 Jumbo Cheese Ravioli with Breadstick Jalapeno Cheeseburger with Garlic Mayo Meat Lovers Pizza Egg Veggie Salad</p> | <p>04 <small>National Taco Day!</small> Chicken Soft Tacos Cajun Cheeseburger BBQ Chicken Calzone Turkey Chef Salad</p>  | <p>05 No School School Improvement Day</p> | |
| <p>08 No School Columbus Day</p> | <p>09 Chicken & Waffles Sandwich Bean Fajitas with Rice Buffalo Chicken Salad Fuel Special Atomic Burger</p> | <p>10 Orange Chicken with Broccoli & Rice Chicken & Spinach Calzone Turkey & Cheese Salad Fuel Special Atomic Burger</p> | <p>11 Sloppy Joe Sandwich Buffalo Chicken Pizza Popcorn Chicken Salad Fuel Special Atomic Burger</p> | <p>12 Chicken Bruschetta Melt Cheeseburger Pizza Baja Chicken Salad Fuel Special Atomic Burger</p> | |
| <p>15 Chicken Drumstick with Roll BBQ Chicken Pizza Ham Chef Salad Fuel Special Backyard Burger</p> | <p>16 Triple Cheese Grilled Cheese Chicken Enchiladas with Rice Egg Chef Salad Fuel Special Backyard Burger</p> | <p>17 Country Chicken Bowl with Dinner Roll Beef Quesadillas with Rice Chicken Mac & Cheese Pizza Fuel Special Backyard Burger</p> | <p>18 Southwest Baked Potato Pico de Gallo Pizza Chicken Nacho Salad Fuel Special Backyard Burger</p> | <p>19 Chicken & Bean Nachos BBQ Chicken Calzone Popcorn Chicken Salad Fuel Special Backyard Burger</p> | |
| <p>22 Chicken Alfredo with Penne Pasta Chicken Soft Tacos Meat Lovers Pizza Beef & Cheese Nacho Salad</p> | <p>23 Mini Corn Dogs Fish Filet Sandwich Cheese Quesadilla Veggie Baja Salad</p> | <p>24 Beef, Bean, & Cheese Burrito Parmesan Ranch Burger BBQ Chicken Pizza Chicken Ranch Salad</p> | <p>25 BBQ Chicken Flatbread Beef Fajitas with Rice Sausage Pizza Egg Chef Salad</p> | <p>26 Pizza Sticks with Marinara Chicken, Bean, & Cheese Burrito Cheeseburger Pizza Popcorn Chicken Salad</p> | |
| <p>29 Chicken Drumstick with Roll Broccoli Cheddar Flatbread Sausage Pizza Egg Chef Salad</p> | <p>30 Chicken Parmesan with Pasta Turkey & Cheese Melt Pico de Gallo Pizza Popcorn Chicken Salad</p> | <p>31 Chili Cheese Baked Potato with Soft Pretzel Meatball Pizza Sub Cheese Quesadilla with Rice Buffalo Chicken Salad</p> | <p>Halloween Cookies will be available for purchase as well</p>  |  | |

Daily Offerings...

Sandwiches, Popcorn Chicken or Nuggets, Chicken Patty, Cheeseburger, Cheese and Pepperoni Pizza, Salads, Protein Packs

