



# September 2018

## St. Charles D303 Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p><b>Special News...</b></p> <p><b>More Info...</b></p> <p>Visit the Food Service Link at <a href="http://d303.org">d303.org</a> for nutritional information and to see our daily offering of fresh fruits and vegetables.</p> <p><b>Lunch Prices</b></p> <p>Free \$0.00            Reduced \$0.40            Paid \$2.50            Adult \$3.00  <small>(Adult doesn't include milk)</small></p> <p><b>Questions?</b>            Food Service Office at (331)-228-5242</p> <p><small>Menus are subject to change without notice.</small></p>
<p><b>Welcome Back!</b></p>					
<p><b>03</b></p> <p>No School</p> <p>Labor Day</p>	<p><b>04</b></p> <p>Chicken &amp; Waffles with Maple Syrup</p> <p>Bean Fajitas with Rice</p> <p>Tomato &amp; Herb Flatbread</p> <p>Buffalo Chicken Salad</p>	<p><b>05</b></p> <p>Orange Chicken with Broccoli &amp; Rice</p> <p>BBQ Cheeseburger</p> <p>Chicken &amp; Spinach Calzone</p> <p>Turkey &amp; Cheese Salad</p>	<p><b>06</b></p> <p>Veggie Chili with Tortilla Chips</p> <p>Sloppy Joe Sandwich</p> <p>Buffalo Chicken Pizza</p> <p>Popcorn Chicken Salad</p>	<p><b>07</b></p> <p>Chicken Bruschetta Melt</p> <p>Beef Quesadilla with Rice</p> <p>Cheeseburger Pizza</p> <p>Baja Chicken Salad</p>	
<p><b>10</b></p> <p>Chicken Drumstick with Roll</p> <p>Triple Cheese Grilled Cheese</p> <p>BBQ Chicken Pizza</p> <p>Ham Chef Salad</p>	<p><b>11</b></p> <p>Chili Mac with Breadstick</p> <p>Chicken Enchiladas with Rice</p> <p>Tomato &amp; Herb Flatbread</p> <p>Egg Chef Salad</p>	<p><b>12</b></p> <p>Country Chicken Bowl with Dinner Roll</p> <p>Beef Quesadillas with Rice</p> <p>Chicken Mac &amp; Cheese Pizza</p> <p>Chicken Caesar Salad</p>	<p><b>13</b></p> <p>Bacon Cheeseburger</p> <p>Bean &amp; Cheese Burrito with Rice</p> <p>Pico de Gallo Pizza</p> <p>Chicken Nacho Salad</p>	<p><b>14</b></p> <p>Chicken &amp; Waffle Sandwich</p> <p>Chicken &amp; Bean Nachos</p> <p>BBQ Chicken Calzone</p> <p>Popcorn Chicken Salad</p>	
<p><b>17</b></p> <p>Chicken Alfredo with Penne Pasta</p> <p>Chicken Soft Tacos</p> <p>Meat Lovers Pizza</p> <p>Beef &amp; Cheese Nacho Salad</p>	<p><b>18</b></p> <p>Mini Corn Dogs</p> <p>Fish Filet Sandwich</p> <p>Cheese Quesadilla</p> <p>Veggie Baja Salad</p>	<p><b>19</b></p> <p>Beef, Bean, &amp; Cheese Burrito</p> <p>Parmesan Ranch Burger</p> <p>BBQ Chicken Pizza</p> <p>Chicken Ranch Salad</p>	<p><b>20</b></p> <p>BBQ Chicken Flatbread</p> <p>Beef Fajitas with Rice</p> <p>Sausage Pizza</p> <p>Egg Chef Salad</p>	<p><b>21</b></p> <p>Pizza Sticks with Marinara</p> <p>Chicken, Bean, &amp; Cheese Burrito</p> <p>Cheeseburger Pizza</p> <p>Popcorn Chicken Salad</p>	
<p><b>24</b></p> <p>Chicken Drumstick with Roll</p> <p>Broccoli Cheddar Flatbread</p> <p>Sausage Pizza</p> <p>Egg Chef Salad</p>	<p><b>25</b></p> <p>Chicken Parmesan with Pasta</p> <p>Turkey &amp; Cheese Melt</p> <p>Pico de Gallo Pizza</p> <p>Popcorn Chicken Salad</p>	<p><b>26</b></p> <p>Chili Cheese Baked Potato with Soft Pretzel</p> <p>Meatball Pizza Sub</p> <p>Cheese Quesadilla with Rice</p> <p>Buffalo Chicken Salad</p>	<p><b>27</b></p> <p>Beef Soft Tacos with Rice</p> <p>Spicy Chicken Sandwich</p> <p>Meat Lovers Calzone</p> <p>Chicken Caesar Salad</p>	<p><b>28</b></p> <p>Chicken, Cheese, &amp; Honey Mustard Melt</p> <p>Chili Cheese Hot Dog</p> <p>Chicken Fajitas with Rice</p> <p>Turkey Chef Salad</p>	

**Daily Offerings...**  
 Sandwiches, Popcorn Chicken or Nuggets, Chicken Patty, Cheeseburger, Cheese and Pepperoni Pizza, Salads, Protein Packs

