



September 2017

St. Charles D303 Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... More Info... Visit the Food Service Link at d303.org for nutritional information and to see our daily offering of fresh fruits and vegetables. Lunch Prices Free \$0.00 Reduced \$0.40 Paid \$2.50 Adult \$3.00 <small>(Adult doesn't include milk)</small> Questions? Food Service Office at (331)-228-5242 <small>Menus are subject to change without notice.</small>
				1 No School	
4 No School	5 Mexican Tortilla Bowl Lime Chipotle Chicken Burrito Pico de Gallo Pizza Hard Boiled Egg, Cheese Cubes, Veggie Protein Pack	6 Orange Popcorn Chicken w/ Broccoli & Rice Bean Quesadilla Beef Taco Pizza Tuna Salad, Mozz Sticks, Veggie Protein Pack	7 Mac n Cheese w/ Ham Ham & Cheese Melt Cheeseburger Pizza Chicken Salad, Cottage Cheese, Veggie Protein Pack	8 Chili Con Carne w/ Tortilla Strips BBQ Pork Riblet Sandwich BBQ Chicken Pizza Ham Chef Salad	
11 Salisbury Steak w/ Gravy & Parsley Noodles Cheese Quesadilla White Pizza Soft Pretzel, Mozz Stick, Yogurt Protein Pack	12 Country Chicken Bowl Chicken Fajitas BBQ Chicken Pizza Hard Boiled Egg, Cheese Cubes, Veggie Protein Pack	13 Chili Mac w/ Breadstick Bean Burrito Meat Lovers Pizza Tuna Salad, Mozz Sticks, Veggie Protein Pack	14 Roasted Turkey w/ Gravy & Stuffing Chicken Nachos Vegetable Pizza Chicken Salad, Cottage Cheese, Veggie Protein Pack	15 Cajun Chili Fries BBQ Chicken & Cheddar Flatbread Beef Taco Pizza Ham Chef Salad	
18 Spaghetti & Meatballs Grilled Cheese Chicken Parm Pizza Soft Pretzel, Mozz Stick, Yogurt Protein Pack	19 Chicken Quesadilla Bean Quesadilla Meat Lovers Pizza Hard Boiled Egg, Cheese Cubes, Veggie Protein Pack	20 Cheese Pizza Sticks w/ Marinara Turkey & Cheese Melt Buffalo Chicken Pizza Tuna Salad, Mozz Sticks, Veggie Protein Pack	21 Bean, Rice & Cheese Bowl BBQ Chicken & Cheddar Flatbread Hawaiian Pizza Chicken Salad, Cottage Cheese, Veggie Protein Pack	22 Sweet & Sour Chicken w/ Broccoli and Rice Spicy Frito Pie Beef Taco Pizza Ham Chef Salad	
25 Mini Corn Dogs Chicken Fajitas Cheeseburger Pizza Soft Pretzel, Mozz Stick, Yogurt Protein Pack	26 Pasta w/ Marinara & Breadstick Broccoli&Cheese Flatbread Chicken Parm Pizza Hard Boiled Egg, Cheese Cubes, Veggie Protein Pack	27 Ham & Cheddar Baked Potato w/ Soft Pretzel Bean Quesadilla Buffalo Chicken Pizza Tuna Salad, Mozz Sticks, Veggie Protein Pack	28 Chili Con Carne w/ Tortilla Strips Spicy Beef Nachos Bruschetta Pizza Chicken Salad, Cottage Cheese, Veggie Protein Pack	29 General Tso Popcorn Chicken w/ Broccoli and Rice Pizza Burger Vegetable Pizza Ham Chef Salad	

Daily Offerings...

Sandwiches, Popcorn Chicken or Nuggets, Chicken Patty, Cheeseburger, Cheese & Pepperoni Pizza, Salads, Protein Packs

